

DDID Crisis Service Definitions

I/DD Crisis Prevention and Intervention - Individuals in crisis are defined as being at risk of losing the support they need to remain in the community. This support may include but is not limited to the following:

- **Crisis Respite:** Care provided to a participant, in a variety of settings, who is unable to independently administer self-care and is experiencing a highly unstable situation or circumstance. Respite is provided on a short-term basis due to the absence or need for relief of an individual providing care to a participant when no other funding source is available.
- **Debriefing:** Analysis of the situation, subsequent to assistance by the regional ID crisis team for managing a crisis, identifying things such as: what is known, was the crisis plan or participant summary followed, if not why, does plan address the issue, have staff been adequately trained, what were the triggers, antecedents, de-stabilizing factors present, environmental factors, further assessments needed, medications been recently changed or improperly administered, other issues, and subsequent recommendations and intensive planning to help prevent further incidents/crises. Debriefing may consist of multiple meetings to resolve an issue and should be conducted at all triage levels. An action plan should be developed to include responsible parties and dates to complete tasks and may include periodic assessment of progress and training of staff to implement behavioral strategies and environmental changes.
- **Development of Behavior Intervention Strategies (Behavior Support Plan):** The utilization of evidenced based and best practices in behavioral techniques, interventions, and methods to assist a person with significant, intensive challenges which interfere with activities of daily living, social interaction, or work. Evidenced based or best practices regarding treatment of a behavioral health condition shall be the primary support if supplemental behavioral interventions are needed. Positive behavior support plans are developed with the individual and the individual's person centered team and are related to goals of interventions, such as greater participation in activities, and/or enhanced coping or social skills. It is clearly based upon the information, data collected, and recommendations from the functional assessment.
- **Environmental Assessments:** Field-based assessments of the environment to determine what environmental factors may contribute to the occurrence or recurrence of a crisis. May include: physical/biological factors, physical surroundings, social practices and knowledge, technological adaptations and physical arrangements, culture, people and institutions with whom they interact, and other living (i.e. pets) and/or non-living things. Also consider how environmental factors are impacted by the crisis situation to identify potential risks to a participant's health, livelihood and safety.
- **Functional Assessment:** An assessment performed using evidenced based tools, direct observation, and empirical measurement to obtain and identify functional relations between behavioral and environmental factors.
- **Mobile Crisis:** Mobile response which shall be provided, minimally for those with a Triage level 3 or 4, is available 24 hours a day, 7 days per week to provide immediate services and technical assistance, and is to be performed where the person is located. The responder shall have access to needed behavioral, medical and psychiatric consultation, evaluation, and services. The response is provided by trained staff which may include the Intensive Case Manager.

- **Person Centered Planning:** At critical moments, when community living may be threatened, it may be necessary to assist and guide an individual in crisis and his or her person centered team in the identification of how strengths, capacities, desires, choices, and opportunities can be best utilized in defining and pursuing a meaningful life. PCP helps to assess and mitigate risk while determining what is important to and for the participant. It considers options available through Medicaid, a Medicaid Waiver program, the Office of Vocational Rehabilitation, natural supports, and other resources. It maximizes community inclusion and generates action steps that can be taken immediately toward a better life. Family, Guardian, if applicable, friends, and care service professionals are included in planning, as designated by the participant. PCP ensures services are delivered in a respectful manner and plans include insight into how to assess the quality of services being provided.
- **Technical Assistance/Resource Linkage:** A time-limited service in which participants are referred or linked to needed community information, resources, programs/services, and/or other supports, including specific information on how to apply for any applicable programs, health benefits, grants, or Medicaid waiver programs.
- **Prevention Services:** The goal of prevention is to prevent the onset of disease and/or to mitigate the effects once diagnosed. This includes services such as screening tests for issues such as depression, alcohol or drug abuse, health conditions such as diabetes, obesity, or STDs, but can also be health monitoring, counseling and education, exams, shots and other lab tests and screening.
- **Transportation** is provided in order to gain access to integrated community services, activities, resources, and organizations typically utilized by the general population. This is only provided when transportation is not otherwise available through natural supports or a Medicaid program.
- **Medical Care/Evaluations:** Supports to address acute or long-standing medical or related conditions that are interfering with the individual's stability in the community to ultimately provide relief to the individual being served and to provide additional information in the identification of the nature of supports needed.